



BON SECOURS COLLEGE OF EDUCATION

(Affiliated to Tamil Nadu Teachers Education University –Chennai)

Nationally Re –Accredited by NAAC with 'B++' Grade

Recognised under (2f) of UGC act 1956

Vilar Road, Thanjavur – 613006

Women's Healthcare Awareness Program Report

Organized by: National Service Scheme (NSS) Unit

Date : 04/09/2025

Venue : Bon Secours College of Education, Thanjavur

A comprehensive Women's Health Awareness Program was successfully conducted by the NSS Unit at Bon Secours College of Education. The program aimed to educate female students on the critical importance of menstrual hygiene and empower them to make informed choices regarding their health. The event was a significant step towards breaking taboos and fostering a more open dialogue about women's well-being.

The program was held under the esteemed direction of the Principal, and was formally inaugurated by Vice Principal S. Victoria. The presence of the Chief Guest, Mrs.L.SUMATHI, MBA., D.T.Ed., added immense value and perspective to the event. The dignitaries, in their addresses, emphasized the need for such initiatives and encouraged the students to prioritize their health.

Program Highlights:

The session, led by the Chief Guest, Mrs. Sumathi, provided detailed insights into the different types of sanitary napkins available and the criteria for choosing a product that is safe, hygienic, and suitable for individual needs. Key topics covered included:

- The importance of using high-quality sanitary napkins to prevent infections and discomfort.
- Understanding the materials used in different products and their impact on health.
- Proper disposal methods to maintain personal and environmental hygiene.

The session was highly interactive, with students actively participating and asking questions. The Chief Guest addressed all queries with clarity and sensitivity, creating a comfortable and informative environment. To encourage active participation, gifts were presented to the students who answered the questions correctly, making the learning experience both rewarding and fun.

The Women's Health Awareness Program was a resounding success, fulfilling its objective of educating and empowering the students of Bon Secours College of Education. The initiative not only provided practical information but also served as a platform for open discussion, which is crucial for promoting a healthy and confident generation. The NSS Unit extends its gratitude to the Principal, the Vice Principal, the Chief Guest, and all participants for their valuable contributions to the program's success.

Event coordinator
V.Vidhya
NSS Coordinator
BSCE





Thanjavur, Tamil Nadu, India

Q523+55m, Anna Nagar, Thanjavur, Tamil Nadu 613006, India

Lat 10.750263° Long 79.153258°

04/09/2025 12:45 PM GMT +05:30



GPS Map Camera